



## TRACK & FIELD COMPETITION RULES 2007/08

### GENERAL COMPETITION RULES

#### **1. INTERPRETATION OF RULES:**

All competitions will be conducted under the Rules of the International Association of Athletics Federations (IAAF) with any modifications approved by Queensland Athletics and Athletics Australia as permitted under IAAF rule 100.

#### **2. ELIGIBILITY TO COMPETE:**

All athletes must be registered members of Queensland Athletics, with the following exceptions:

(i) Athletes not previously registered with the association may compete twice as a trial member by paying the appropriate competition fee and obtaining a special registration number for which a non-refundable charge will apply. To continue to compete after this period, he/she must register with Queensland Athletics.

(ii) Members of the Queensland team for the Australian All Schools Championships may compete as an independent member up to the date of the Championships. After the Championships, such athletes will be required to join Queensland Athletics.

#### **3. COMPETITION UNIFORM:**

Competing athletes must wear competition uniforms which comply with IAAF Rule 143, including current registration numbers with any wording and/or sponsorship logos visible, otherwise they will not be allowed to compete. If an exceptional circumstance arises which precludes an athlete from being correctly attired, it is the athlete's responsibility to obtain written permission from the Competition Director. No event will be delayed whilst an athlete obtains the above permission and no athlete will be permitted to compete in any event where he/she has been ruled ineligible in accordance with IAAF Rule 143.

#### **4. FOOTWEAR:**

Athletes may compete with or without footwear. If worn, footwear and spikes shall be in accordance with IAAF Rule 143.

#### **5. COMPETITION NUMBERS:**

Generally, two competition (registration) numbers will be issued by Queensland Athletics and are to be worn in accordance with IAAF Rule 143.

**Note 1:** Each competing athlete must wear his or her current competition number in all Queensland State Championships, Shield meets, Brisbane meets and other meets designated by the Track & Field Commission. Athletes who attend such designated meetings without their current competition numbers will not be allowed to compete unless they acquire a temporary number from the registration officials for that day. Temporary numbers may incur a hiring fee, a portion of which may be refunded on return of the numbers.

**Note 2:** Any athlete who competes wearing a competition number other than that issued to him on registering with Queensland Athletics for the current year renders himself liable to disciplinary action and/or sanction under the Queensland Athletics rules.

#### **6. PROTESTS and APPEALS:**

Protests and Appeals concerning the eligibility of athletes to compete or concerning the result or conduct of any event must be made in accordance with IAAF Rule 146, except that in the case of appeals to the Jury of Appeal the accompanying deposit shall be AUD\$20.

#### **7. STARTING BLOCKS:**

Competitors under 12 years are not required to use starting blocks. Athletes aged 12 years and over must use starting blocks for events up to and including 400m and for the first leg of the 4x200m and 4x400m relays. For Masters and AWD athletes (Athletes with a Disability) the use of blocks and a crouch start shall be in accordance with the relevant Masters or IPC Rules. Only starting blocks supplied by the organisers or the venue may be used.

## **8. EVENT ENTRY:**

Entry to events is by submitting an entry on the approved entry system for the relevant competition. No event will be delayed because an athlete has not submitted an entry by the closing time for entries. Entries may be rejected at the discretion of the Competition Director if they do not contain all information requested.

## **9. SAFETY on the FIELD of PLAY:**

Competitors making their way to event sites must not cross the Field of Play, but must move around the outside of the running track for safety reasons.

## **10. STAGGERED (LANED) STARTS:**

Staggered (Laned) starts shall be used for all 800 metres events where possible.

## **11. TRACK FINISH PROCEDURES:**

All finishers in track events shall remain on the track until directed to leave by the Referee.

## **12. EVENT STARTING TIME:**

Events shall start at the scheduled starting time and shall not be delayed for missing athletes. No event shall commence earlier than the advertised starting time, unless all entered athletes are present and agree to the earlier start.

## **13. TRACK EVENT SIZE LIMITS:**

The following limits shall generally apply in track events unless exceptional circumstances apply:

- Events up to and including 800 - One athlete per lane
- Events over 800m up to and including 1500m - 15 athletes per race
- Events over 1500m up to and including 5000m - 30 athletes per race

## **14. FIELD EVENTS TRIALS:**

In horizontal jumps and all throws each competitor shall be allowed 3 (and if possible 4) trials. If time permits, the leading competitors may have further trials (to a maximum of 6) at the discretion of the relevant Referee.

## **15. AGE GROUP ELIGIBILITY:**

Athletes must compete in their correct age group (or the next age group if an event is not conducted in their own age group) subject to age limitations. **Note: Athletes may only compete in an event in one age group on any one day of competition.**

## **16. AGE LIMITATIONS:**

Age limitations for all events in all track and field competitions shall be the same as for Queensland Track & Field Championships.

## **17. WEIGHTS AND MEASURES:**

Weights and measures as specified elsewhere in this handbook apply to all competitions.

***\*AWD athletes (Athletes with a Disability) competing in Queensland Athletics competitions, with the exception of relays and championships, shall be allowed to use implements specified for their disability.***

## **18. VARIATIONS TO RULES & DELAYS OR CANCELLATIONS OF COMPETITION:**

Any variations to the above rules, with the exception of rules relating to age limitations and rules 1, 2 & 6 shall be at the discretion of the Technical Delegate and the Competition Director. Requests for any variations to rule 16 must be made well prior to the event in question through the QA CEO who will forward such requests to the Track & Field Commission for decision. Competition may be delayed or cancelled by the Competition Director in consultation with the Technical delegate and/or the Referees.

# **QUEENSLAND TRACK & FIELD CHAMPIONSHIPS RULES**

**NOTE: The General Competition Rules apply to all Queensland Track & Field Championships except as varied hereunder.**

## **1. DIVISIONS & AGE GROUPS:**

The divisions and age groups for the Queensland Track & Field Championships will be Open; Under 23; Under 20; Under 18. Age will be as for the Australian Championships, ie – Age as at 31<sup>st</sup> December in the year of the Championships.

Athletes may compete in more than one age group.

**Note: Minimum age for the Queensland Track & Field Championships is 12 years.**

## **2. ENTRIES:**

Entries will only be accepted from currently registered athletes. Entries must be on the prescribed form or via the online entry system, accompanied by the entry fee, by the advertised closing date. Telephone, faxed or e-mail entries will not be acceptable, nor will entries which do not include the prescribed entry fee or all requested information.

## **3. CLOSING DATES FOR ENTRIES:**

The closing dates for acceptance of entries for each Queensland Championship will be as follows:

1. QLD 10,000m Championships (Open/U23) - GCCAT - 16/11/07  
**Entries close: Wednesday, 14 November, 2007**
2. QLD U20 All Schools, U18 & U16 Combined Events Championships - GCCAT - 16-17/11/07  
**Entries close: Wednesday, 14 November 2007**
3. QLD 10,000m Walk Championships (Open/U20) - GCCAT - 17/11/07  
**Entries close: Thursday, 15 November 2007**
4. QLD Open, U23 & U20 Combined Events Championships - Gold Coast - 25-26/01/08  
**Entries close: Wednesday, 23 January 2008**
5. QLD 3000m & 5000m Championships (Open/U23/U20/U18) - UQAC - 6/2/08  
**Entries close: Friday, 25 January 2008**
6. QLD Open & U18 Track & Field Championships - SAF - 8-10/2/08  
**Entries close: Friday, 25 January 2008**
7. QLD U23 & U20 Track & Field Championships - SAF - 15-16/2/08  
**Entries close: Friday, 1 February 2008**

## **4. ENTRY FEES:**

The entry fees for each Championship are as follows:-

- One event - \$10 total fee.
- Two events - \$20 total fee.
- Three or more events - \$30 total fee.
- Combined Events (Decathlon, Heptathlon, Pentathlon) - \$20.

Once entries have closed, no refunds will be made in any circumstances. Entry fees are GST inclusive.

## **5. LATE ENTRIES:**

Late entries are subject to approval by the Queensland Athletics Competitions Officer and/or the appointed technical delegate and may be accepted under the following conditions:

- (a) A late entry fee of twice the normal entry fee for the event(s) in question is paid; and
- (b) Providing that acceptance of such entries will not cause the scheduling of additional heats or rounds in track events or cause the number of entries in field events to exceed twelve (12).

Late entries will not be accepted on the day of the Championships unless expressly stated.

## **6. TIMETABLE:**

The list of events to be conducted on each day of the Championships is included elsewhere in this Handbook. The Organising Committee will prepare the Final Timetable after entries have closed and the requirements for heats and qualifying rounds have been determined. The Final Timetable will be published on the weekend prior to the first day of the respective Championship. Seedings, draws, qualifications & competing order shall be in accordance with IAAF Rules 166 & 180.4

## **7. CHECK-IN / CONFIRMATION OF ENTRIES:**

Confirmation of entries for each event is the responsibility of each individual athlete. Athletes MUST report to the Check-in Centre to advise their intention to compete no later than 60 minutes prior to the scheduled starting time for their event/s. Athletes are encouraged to confirm for all events in which they are competing on that day at the same time. **ATHLETES MUST SIGN TO CONFIRM THEIR ENTRIES.** The Check-in Centres at each venue will be denoted by signs. The Check-in Centre at the State Athletics Facility will be on the grandstand side of the Competition Control Room.

***Athletes who fail to comply with this rule will be excluded from participation from the event in question unless there is a spare lane available in track events or where the number of confirmed entries in a field event is less than 12. In such cases a late confirmation fee of \$5 will apply for each event affected.***

Where heats are not required after close of confirmations, finals will be held at the scheduled final time. Where entries in field events are considered excessive by the Competition Director a qualifying round may be scheduled.

#### **8. EXCLUSION FROM FURTHER PARTICIPATION:**

In accordance with IAAF Rule 142.4 - If an athlete fails to scratch from an event after confirmation or does not compete in all rounds of an event for which he/she has qualified, he/she shall be excluded from all other events in the Championships including Relays. *Note: The provision of a medical certificate endorsed by a medical officer approved by the Organising Committee, may be accepted as sufficient reason to accept that the athlete became unable to participate after confirmations closed or after competing in a previous round but will be able to compete in further events on a subsequent day of the competition.*

#### **9. CALL ROOM PROCEDURES (When a Call Room is in operation):**

ALL ATHLETES MUST REPORT TO THE CALL ROOM PRIOR TO THEIR EVENT. Athletes only are permitted in the Call Room (No coaches, parents, etc.). The Call Rooms at each venue will be denoted by adequate signage. In the Call Room athletes will be expected to demonstrate that their competition uniform, singlet and numbers, shoes and other equipment comply with the competition rules. Side (hip) numbers will be provided as required.

Athletes will proceed to their event from the Call Room accompanied by a Call Room Judge. ATHLETES PROCEEDING TO EVENTS UNACCOMPANIED BY CALL ROOM JUDGES OR NOT HAVING BEEN THROUGH THE CALL ROOM MAY NOT BE ALLOWED TO COMPETE.

The closing marshalling times at the CALL ROOM (prior to scheduled event starting times) are as follows:

- Pole Vault: 70 minutes
- All other Field Events: 45 minutes
- Track Events & Relays: 20 minutes

NOTE: Athletes competing in the Combined Events Championships need only report to the Call Room at the appropriate time prior to their first event on each day of the Combined Events Championships.

These times allow for marshalling and movements to the event sites. The remainder of the time may be used to complete the warm-up at the event site under the supervision of the officials where the event site is not in use.

If an athlete is already or likely to be competing in another event at the designated Call Room marshalling time the athlete or someone on his/her behalf must notify the Call Room of this prior to the designated marshalling time.

#### **10. AGE LIMITATIONS:**

Minimum age for competition in the Queensland State Championships is 12 years.

The following minimum age limits apply to specific events:

- **12 years:** 80m hurdles (Girls), 90m hurdles (Boys)
- **13 years:** Pole Vault (Supply Certificate of competency from qualified Jumps coach). Hammer (Supply certificate of competency from qualified Throws coach).
- **14 years:** 90m hurdles (Girls), 100m hurdles (Boys), 3,000m, 3,000m Walk, 2,000m Steeplechase
- **16 years:** 100m hurdles (Girls), 110m hurdles (Boys), 400m hurdles, 5,000m, 5,000m Walk, 10,000m Walk
- **18 years:** 3,000m Steeplechase, 10,000m

#### **11. STARTING HEIGHTS IN VERTICAL JUMPS:**

Starting heights for individual High Jump and Pole Vault events will be determined by the Referee and Chief Judge in consultation with the Technical Delegate and Competition Director. Starting heights in Combined Events Championships shall be determined by the Combined Events Referee prior to each event in consultation with the competitors.

#### **12. FOOTWEAR & SPIKE LENGTHS:**

In accordance with IAAF Rules athletes are permitted to compete with or without footwear. Spike lengths must be in accordance with the IAAF Rules except where venue managers have decreed that shorter spike lengths only are permitted in which cases the venue approved spike length shall apply. Spiked shoes are not permitted in the discus, shot put or hammer events or for track walking events.

#### **13. USE OF STARTING BLOCKS & CROUCH STARTS:**

In all races up to and including 400m (including the first leg of the 4x100m; 4x200m and 4x400m Relays) a crouch start and the use of starting blocks are compulsory for all athletes competing in the 12 years age group and upwards. Only starting blocks supplied by the venue may be used.

#### **14. WARM UP AT SAF (STATE ATHLETICS FACILITY):**

Warming up for all track and field events shall be done only in the designated area. No warm-ups will be permitted on the Field of Play except as provided for in the Rules or approved by the Competition Director where no warm-up area is available.

#### **15. PRIVATE IMPLEMENTS:**

Athletes who wish to include their own throwing implements in the Championships equipment pool MUST lodge them with the Technical Manager at the Technical Room no later than 90 minutes before the scheduled starting time of the particular event on the day of competition or on a previous day. The implements will be impounded until after the competition when athletes may collect them from the Technical Room on production of the appropriate receipt.

Athletes are expected to provide their own vaulting poles. No poles will be provided by the Organising Committee.

The Technical Room at each venue will be denoted by signage. At the State Athletics Facility a temporary Technical Room will be located in the large white building behind the Control Room.

#### **16. FIELD OF PLAY:**

Safety is of primary importance, particularly on the Field of Play. The only persons permitted on the Field of Play during competition are Technical Officials, athletes competing in current events, accredited medical personnel and other persons specifically approved by the Competition Director, including media, venue personnel and the like.

Coaches, non-competing athletes, spectators and non-accredited personnel are not permitted to enter the Field of Play at any time during competition or warm-up periods without the express approval of the Competition Director or Meeting Manager. Should such unauthorised incursions occur the Competition Director or Meeting Manager shall cause competition to cease until all such persons have vacated the Field of Play.

#### **17. VARIATIONS TO THE RULES:**

Any variations to the above rules, with the exception of Rule 10 (age limitations) shall be at the discretion of the Technical Delegate and the Competition Director. Requests for any variations to Rule 10 must be made well prior to the event in question through the QA CEO who will forward such requests to the Track & Field Commission for decision.

<b>REMEMBER: LATE ENTRIES WILL ONLY BE ACCEPTED AFTER THE ADVERTISED CLOSING DATE IN ACCORDANCE WITH THE CONDITIONS OUTLINED IN RULE 5.</b>
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# **SOUTH QUEENSLAND RELAY CHAMPIONSHIPS RULES**

## **1. EVENT ENTRIES:**

Entry rules shall be as for the Queensland State Championships.

## **2. CHECK-IN PROCEDURE:**

A club official must report to the Check-in Centre at least 45 minutes before the scheduled starting time for an event to confirm their team entries and to advise the names and registration numbers of the six competitors from which the team of four (or three) for that event will be chosen. Any two (or three for field events) team members may be replaced, but only from the original six competitors named. All relay entry cards must be signed by a club official.

## **3. MARSHALLING:**

(i) Athletes in track events must report to the Marshalling Area no later than fifteen (15) minutes before the scheduled starting time for that event. No warning announcements will be made.

(ii) Athletes in all field events must report to the field event competition area no later than 15 minutes before the scheduled starting time of that event.

## **4. UNIFORMS:**

Competing athletes must wear competition uniforms which comply with IAAF Rule 143, including current registration numbers with any wording and/or sponsorship logos visible, otherwise they will not be allowed to compete. If an exceptional circumstance arises which precludes an athlete from being correctly attired, it is the athlete's responsibility to obtain written permission from the Competition Director. No event will be delayed whilst an athlete obtains the above permission and no athlete will be permitted to compete in any event where he/she has been ruled ineligible in accordance with IAAF Rule 143.

## **5. FINAL TIMES:**

All finals will be conducted at the times advertised for the event final in the program.

## **6. PROGRESSIONS:**

In events where heats are necessary, progression to subsequent rounds shall be in accordance with IAAF Rule 166.

## **7. AGE LIMITATIONS:**

Age limitations will be the same as for Queensland Track & Field Championships.

## **8. STARTING BLOCKS:**

Competitors Under 12 years are not required to use starting blocks. Athletes aged 12 years and over must use starting blocks for events up to and including 400m and for the first leg of the 4x200m and 4x400m relays. For Masters and AWD athletes (Athletes with a Disability) the use of blocks and a crouch start shall be in accordance with the relevant Masters or IPC Rules. Only starting blocks supplied by the Organisers or the venue may be used.

## **9. PROTESTS and APPEALS:**

Protests and Appeals concerning the eligibility of athletes to compete or concerning the result or conduct of an event must be made in accordance with IAAF Rule 146, except that in the case of appeals to the Jury of Appeal the accompanying deposit shall be AUD\$20.

## **10. AGE GROUP ELIGIBILITY:**

The team of four (three for field events) that actually competes in an event must include at least one athlete from the age group for which that event is being conducted. The remaining team members may come from that age group or a younger age group (subject to age limitations).

## **11. MEDALS/AWARDS:**

Medals or other suitable awards will only be awarded to competing athletes of teams placed in finals. Where team's in field events tie for a place, relevant medals/awards will be awarded to all teams tying for that place.

## **12. INDIVIDUAL LIMITATIONS:**

(i) Competitors may only compete in a maximum of seven (7) relay events on each day of competition.

(ii) An individual competitor may only compete for one team in any one event.

## **13. HIGH JUMP**

Athletes under the age of 12 years, competing in high jump events are required to use scissors technique only.

## **14. STARTING HEIGHTS - HIGH JUMP**

Unless previously determined by the Organising Committee, starting heights and increments will be determined by the Referee prior to the start of the competition.

**15. CHAMPION CLUB:**

The Champion Club will be calculated on the basis of top 8 places as follows: 10, 8, 6, 5, 4, 3, 2, 1. The Champion Club shall be awarded the South Queensland Track & Field Relay Championships Trophy in Open and Under 18 divisions.

**16. VARIATIONS TO RULES**

Any variations to the above rules, with the exception of Rule 7 (age limitations) and Rule 9 shall be at the discretion of the Technical Delegate and the Competition Director. Requests for any variations to Rule 7 must be made well prior to the event in question through the QA CEO who will forward such requests to the Track & Field Commission for decision.