

Jimboomba Athletics Centre



NEWSLETTER



**Summer 2009/10
11th December**

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Dates To Remember

**Regional Championships
& Intercentre Games
13th & 14th February
Nominations Close
29/01/10**

31st January
Helensvale Carnival

Senior Dates

19th December
PB meet Gold Coast

16th January
Denise Boyd Shield meet
SAF Nathan

This is our final evening of competition for the first half of the season so we'd like to wish everyone a happy Christmas and New Year.

Competition resumes on **Friday 15th January** as per the Year Book.

Following requests from a number of athletes and parents we have provided a listing in each age group of points to date. This is located at the canteen. At present we have completed nine weeks of competition out of 19 so there is still plenty of time to gain points

State Relay Championships – TOMORROW (Saturday)

Venue: QSAC, Kessels Road, Nathan (Used to be known as the QEII or ANZ Stadium)

Time: First event starts at 7:30am. If you are in one of the first events be there at 7am. Programme is on the noticeboard

You need to be at the ground a minimum 45 minutes before your event

State relay shirts will be handed out on the day.

Good luck to all athletes competing.

Centre Best Performances

Congratulations to the following athletes for breaking and equaling centre records:

27/11/09

Jessica Draper	U6 Grils 70m	13.5 seconds
Joshua Boyton	U10 Boys Long Jump	3.95m
Lindsay Newton-Smith	U16/17 Boys High Jump	1.72m
Lindsay Newton-Smith	U16/17 Boys 100m	11.8 seconds
Lindsay Newton-Smith	U16/17 Boys 200m	24.1 seconds
Tayem Renton	U16/17 Boys 800m	2.11.3

4/12/09

Kasey Landers	U6 Girls 100m	19.5 seconds
Cooper Parsons	U7 Boys 70m	12.5 seconds (equ)

Please put your nominations in TODAY for regional championships.

Nominations do not close until late January but if you are on holiday or Fridays are cancelled due to rain you may miss out. We have plenty of athletes who could do exceptionally well at regionals. Let's send a strong team from Jimboomba!

When? Sat-Sunday 13th and 14th February

Where? Mansfield High School

Cost? \$2.50 per event. Athletes may choose up to **five** events.

First four in each event in the U9 and up age groups can progress to the **State Championships** in Townsville (26-28 March).



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Australian All-Schools Championships

Congratulations to Little A's member Jessica Pickles who won a bronze medal at the Australian All Schools in the U16 walk. That is a great achievement. Abbie Ryan (Hammer), Tayem Renton (1500m, 3000m and 2000m steeplechase) and Lindsay Newton-Smith (Javelin, triple jump and 400m hurdles) all achieved top eight finishes in their events.

Congratulations also to former Little A's member and member of our senior club Julian Watkins who won a GOLD medal for the U16 2000m steeplechase and Jonathan Gabbert and Mikala Roberts who finished in the top 10.

Training

Please note that there will be no Little Athletics training from now until after the Christmas break. Training will resume on Wednesday 20th January from 4:30pm to 5:30pm.

Committee meetings

Next committee meeting will be held on Wednesday 27th January at the Henderson Road grounds starting at 7.30pm.

All are welcome.

Coaching:

No training over the break.
Training will resume Wednesday 20th January 2010
4.30pm to 5.30pm