

# Jimboomba Athletics Centre



## NEWSLETTER



Summer 2009/10  
13th November

### Contacts:

Centre phone number  
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#### Centre Manager

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#### Secretary

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#### Treasurer

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#### Competitions

Nikky Baker 0413619049

### Dates To Remember

**Regional Championships  
& Intercentre Games  
13th & 14th February  
Nominations Close  
29/01/10**

29th November  
Browns Plains Carnival

### Senior Dates

14th November  
QA Track & Field Meet

QLD All Schools  
Multi Event  
State Championships  
21st to 22nd November

28th November  
Joanna Stone Shield Meet

### WELL DONE !!

Congratulations to all the children who competed at the QLA inter-centre regional relay carnival at Mansfield High School on the weekend. It was a long, tiring and confusing day but there were some wonderful performances and great PBs.

We had over 60 children competing.

Thank you so much to Scherie Thompson who was team manager on the day. It is a difficult job getting everyone to their events on time and shuffling teams around when children are absent. Thank you also to Judy McDonald who helped marshal and everyone else who helped out on discus and in other capacities during the day.

In total 23 of our teams have made it through to the State Relay Championships which are being held on 12 December at the QEII stadium – 17 boys teams and 6 girls teams. Our region is one of the biggest and strongest in Queensland so to make it through to state is a pretty awesome effort. Some events had more than 50 competitors.

Special congratulations to the U9s who made it through in all five teams

Team lists for State Relays are on the notice board. Please initial or put YES beside your chil(ren)'s names to indicate that they WILL be competing. Please be mindful that if your child does not compete they will be letting down the whole team.

Cost for each event is \$3.00. Please give money to Eileen (treasurer) or leave in an envelope in the nomination box at the canteen.

### State Relay Shirts

Souvenir State Relay shirts have been produced by QLAA at a cost of \$25 each. If you would like to order one, please see Peta in the shed.



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## **QLAA Senior Carnival/Junior Pentathlon**

Results of this meet can be found on the QLAA website.

We had three boys competing in the junior pentathlon - Cody Donnelly, Trent Fisher and Zac Farrell. They each had to take part in five different events – 60m hurdles, 100m 800m, high jump and discus and received points for each event based on their performances. Trent came 4<sup>th</sup> overall, Cody 9<sup>th</sup> and Zac 16<sup>th</sup>, very good efforts all round.

In the senior competition were Jake Farrell who recorded some good times in his 100m (15.1) and 200m (29.8) as well as some good field event performances, Daniel Turner who improved on his entry time in the 100m (14.1) and Kailee Howard who ran an impressive 200m, almost breaking 30 seconds.

## **Browns Plains Carnival - 29<sup>th</sup> November**

If you want to compete at this meet, please put your nominations in ASAP.

## **All Schools Combined Event - Nov 21-22**

Older athletes may be interested in attending the All Schools Combined Event being held at the Gold Coast Athletics Track next weekend, Events include U14 pentathlon (boys and girls), U16 heptathlon (boys and girls) and U18 octathlon (boys) and heptathlon (girls). Age at 31 December. More information is available on the Queensland Athletics website: [www.qldathletics.org.au](http://www.qldathletics.org.au)

## **Joanna Stone Shield Meet Saturday 28<sup>th</sup> November**

All senior athletes (and any interested older Little A's members) are requested to attend the Joanna Stone Shield Meet on Saturday 28<sup>th</sup> November at QSA, Nathan (QEII track complex). This is one of only four QA inter-club shield meets this season and we need as many athletes to compete as possible for maximum points. Age from 12 years to Masters. Age as at 31 December. Events include 100m, 200m, 400m, 1500m, hurdles, relays, jumps and throws. Entries taken on the day. Entries close 45 minutes prior to scheduled start time. Last event 5.20pm. For more information, see the notice board or Ralph.

## **Committee meetings**

Next committee meeting will be held on Wednesday 18th November at the Henderson Road grounds starting at 7.30pm.

All are welcome.

## **Coaching:**

Wednesday  
4.30pm to 5.30pm