

Jimboomba Little Athletics Centre



NEWSLETTER



**Summer 2008/09
14th March**

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Competitions

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Dates To Remember

State Championships
27th, 28th & 29th
March

5th April Presentation
& AGM

Our Supporters

Please Support Them

**Phone Ray @
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59 Athletes achieve 113 PBs !!!

Last Saturday, during the second week of age championships, we had three athletes who each achieved five out of a possible five PBs. Congratulations to Kelly Maxwell, Kendal Newton-Smith and Jaimee Newton-Smith for a great effort. Each of these athletes had achieved four PBs the previous week.

Added to that, we had three athletes who achieved four PBs last week – Liam Burnett, Brady Grindrod and Jessica Pickles, and seven athletes who achieved three PBs – Ella Bailey, Lauren Charles, Thomas Dennerly, Matthew Stockham, Tahlia Summerville, Chloe Thiele and Julian Watkins. All of these athletes will be nominated for the Jimboomba Junior Spirit Award.

In total, 59 athletes recorded one or more PBs for a total of 113 PBs. What a massive effort!!

Congratulations also to the following athletes who achieved centre best performances:

Kaitlyn Maxwell	U12 Girls' Discus	23.90m
Abbie Ryan	U14 Girls' Discus	27.83m
Jasmine Sinclair	U15 Girls' 200m hurdles	31.60

Eligibility for Age Championships

A reminder that athletes need to have competed at 60% of the Saturday morning competitions held since they joined to be eligible for age champion. 21 meets were scheduled this season with 6 being cancelled due to wet weather regionals. Athletes who signed on at the beginning of the season therefore need to have competed in at least seven meets out of the 15 which were held in order to be eligible (wet days count in the athletes' favour). If you have any queries, please speak to a member of the committee.

Athletics on Channel 10

Check your TV guides! Last Sunday we watched Channel 10's hour long coverage of an athletics meet in Sydney. They did a pretty good job, showing the track events as well as providing good coverage of the pole vault, throws and jumps. Former world 100m champion Asafa Powell ran in the 400m and came home like a steam train. It is well worth watching the techniques used by Australia's best. Athletics Australia has negotiated a deal to televise other major meets (such as the selection trials). Why not watch or record them. Another is scheduled for 4pm this Sunday.

.Australian Championships/World Championship Selection Trials

This major event on the Australian athletics calendar is being held on 20-21 March at QE2. Do try to get along to watch a bit of the action if you can. If you wear your Jimboomba Little A's shirt you get free entry.

Presentation Day

A reminder that **Sunday 5th April** is the date of our Presentation Day and AGM. Presentation starts at 1:30pm followed by sausage sizzle at approximately 2:30pm.

Can athletes please come in uniform