



Jimboomba Athletics Centre

Newsletter

Issue: 5

Date: 14 October 2011



As advised on the JLAC website, we will no longer be accepting registrations or selling uniforms prior to the start of competition on a Friday evening as it is making us start too late. Please come up to the shed AFTER 7:30pm to do this.

Centre Best Performance

Congratulations to Jesica Draper for breaking the first centre record of the season. Jesica broke the U8 70m record with a time of 11.7 seconds. A number of other athletes went very close.

Accredited officials

Well done to Kim Stockham, Scott Stockham, Jeanne Wilkins and Daryl McDonald who attended the officials workshop at Algester last week and received D level accreditation.

If you missed the workshop, here is how to complete your D Grade accreditation online:

1. Go to the LAQ website: www.qlaa.asn.au.
2. On the second menu bar, locate "Officials" and go down to "Officials Accreditation Papers"
3. Select the area(s) you are interested in (Jumps, Throws, Recording etc)

4. Complete the 10 questions & print it out and bring it on Friday night for checking. The answers to all questions can be found on the website in the officials handbook.

Please Respect our Facilities

Can we please ask people to show respect for our grounds and facilities. Last Friday the terraces were left littered with empty food containers, cans, bottles and lolly wrappers. We do have bins. If it is too far to walk up to the bin near the canteen, anyone is welcome to move one down closer to the track. Last week also, persons unknown stole around 15 of the club's toilet rolls! Hard to believe that anyone is so hard up as to steal 50c toilet rolls from a children's sporting group but there you have it. Someone will now be keeping a watch on the toilets to see it doesn't happen again! When the high jump equipment is not in use, it should not be jumped on and discuses should not be thrown into the bush and left there! Let's work together on this!

Working Bee 29/30 Oct

Advance warning that we will be holding a working bee on the last weekend in October. If

you can spend a day, half a day, even a couple of hours on either/both days, your help will be most appreciated. We will be doing track maintenance, gardening, making putting up signs to better identify discus 1, 2, 3 and long jump 1, 2, 3, 4 etc. Please bring wheelbarrows, spades, rakes etc

Algester Carnival

Good luck to all athletes competing at the Algester carnival on Sunday. A draft program has been released and is on the noticeboard. On the track, 800m races are first followed by hurdles, 400m and then the sprints after lunch. We have 22 athletes entered to date: Maddison Aitkin, Jayden Fielding-Smith, Cody Donnelly, Camryn and Kendal Newton-Smith, Cameron O'Hare, Tristan Cross, Molly and Lila Rowe, Kodi Pearson, Hayden and Nathaniel Lovaszi, Lara Parnell, Laura Kenny, Courtney Bromage, Jett and Kye Trembath, Mathew and Adam Stockham, Jesica Draper and Zac and Maureen McDonald. Late entries will be accepted up until 8am for anyone else who would like to compete.



Senior Carnival/Junior Pentathlon Sunday 30th October

This LAQ carnival provides athletes with the opportunity to compete against athletes all over the state on tartan at the SAF (state Athletic Facility) Nathan. Details are on the noticeboard.

Nominations close on October 24th.

LAQ Regional Relays

Please keep Sunday 6th November free for the LAQ regional relays carnival. We traditionally send quite a large team to this meet which is one of the highlights of the Little Athletics calendar. This year it will be held at Springwood LAC at the Loganlea Picnic grounds on Loganlea Road.

Committee Meetings: Meetings are held on the third Wednesday of each month all year round. Starting at 7.30pm at the Henderson Rd grounds. Please watch the website for any variations.

Little Athletics Training: Little A's training is held every Wednesday throughout the season. These sessions start at 4.30pm and go to 6pm. Weather and light permitting.

These sessions are free to all registered Little A's members from U6- U17.

Additional Training Sessions:

Additional training is offered through our senior club for children 11yrs & older. Check the senior club website for sessions

Your Committee:

Centre Manager

Ralph Newton 0431474149

Secretary

Peta Smith 0414916109

Treasurer

Katrina Fielding -Smith

Competitions Officer

Melinda Draper

Officials Officer

Jeanne Wilkins

Canteen Convener

Anna Mullan

Girls Recorder

Robyn Howden

Boys Recorder

Kim Stockham

Email: committee@jac.asn.au

Centre phone: 0403917097

Little A's Calendar:

16th October Algester Carnival

J30th October Senior Carnival & junior Pentathlon

6th November Regional Relays

27th November

Browns Plains Carnival

10th December State Relays



Senior Calendar:

15th October All comers Meet
QSAC

5th 1st Premiership meet

12th 2nd Premiership meet

18th 3rd Premiership meet

26th 4th Premiership meet
Including the All Schools Multi
Event State Championships

10th December State Relays



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