

Jimboomba Little Athletics Centre



NEWSLETTER



**Summer 2008/09
8th November**

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Competitions

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Dates To Remember

30th November
Browns Plains Carnival

Senior Dates

8th November
Shield meet QSAC

22nd November
Shield meet QSAC

Personal Bests

It is wonderful to see so many athletes improving their best times, distances and heights each week at Saturday morning competition. Last week we had three athletes who each achieved four pbs during the course of the morning: Jake Cook, Clay Hunter and Miranda Ricketts. A further 11 athletes achieved three pbs: Shikirah Anderson, Kaleb Browne, Lauren Charles, Joshua Commons, Anthony Emmett, Breanna Grindrod, Mahalia Olive, Ashley Parry, Jeffrey Perrera, Mackenzie Ricketts and Emily Westlake. What a great effort!

Centre Best Performances

Congratulations to the following athletes for breaking or equaling centre records:

Clay Hunter	U8 boys long jump	3.20m
Cody Donnelly	U8 boys shot put	6.82m
Jake Cook	U13 boys high jump	1.53m (equals old record)
Anthony Emmett	U14 boys shot put	10.89m
Julian Watkins	U15 boys 800m	2.16.60
Lindsay Newton-Smith	U16 boys shot put	11.94m
Lindsay Newton-Smith	U16 boys 200m	25.70 (equals old record)
Taylor Cleary	U12 girls shot put	9.38m
Miranda Ricketts	U13 girls 800m	2.45.0
Abbie Ryan	U14 girls shot put	10.30m
Jasmine Sinclair	U15 girls high jump	1.45m
Jasmine Sinclair	U15 girls 200m	27.60

Congratulations

to Bayley Quinn-Woldhuis who has been selected as the latest winner of the Jimboomba Junior Spirit Award which is sponsored by the Jimboomba Shopping Centre and Jimboomba Times. Bayley was nominated for the award based on the number of pbs he achieved at Little A's last month. Bayley receives a sporting voucher and was interviewed and photographed for the Jimboomba Times. We look forward to reading what he has to say!

Thank you, thank you, thank you ...

... to the wonderful group of mothers who have put their hands up to keep an eye on the toilets! It is great to have this assistance!

.... While on the subject of toilets, it was brought to our attention that last week someone put two full toilet rolls down the boys' toilet – in an attempt to block it perhaps? The toilets are provided for athletes' and parents' use. They are your toilets. Wasting toilet paper means we have to buy more toilet paper. Blocking toilets means we might have to pay for the services of a plumber. Whatever happens, it is club money that is wasted. Please use the toilets sensibly!!



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Uniforms awaiting collection

Could the following people who have ordered uniforms please pop up and see Anne at the shed:

Helen Ratcliffe	Linda Wilson	Kathy Martin
Tracey Dwyer	Mrs Bailey	Ruth Searle
Mrs Cuskelly	Tracey Armstrong	Mrs Kitson
Rachel Vanerkroef	Tenealle Smith	Judy McDonald

All athletes should now be competing in full Jimboomba uniform – top and bottoms.

Jimboomba Blue Light Disco – Friday 14 November

A reminder that Jimboomba LAC has agreed to provide helpers for the Blue Light Disco this coming Friday (14th November). The disco is held at the Jimboomba Public Hall (Cnr Johanna and Honora Streets) from 7pm to 10pm. Children aged from 12-17 years only may attend. If you can help out, please see Gavin.

Playing with balls/throwing objects inside the track

Can we please ask athletes not to play with balls or throw vortexes etc inside the track. Last week two Under 8s were throwing a vortex and it ended up bouncing across the front straight and hitting the leg of a child who was running a 200m race. The week before that a runner had to hurdle a soccer ball which had found its way on to the track. Surely you wouldn't like that to happen to you!?

Browns Plains Carnival – 30 November

Information regarding this meet is on the notice board. If you would like to compete, please consider nominating early to enable Sherene time to compile our entries and get them off. There are lots of events to choose from for U7s to U15s. Medals will be presented to place-getters. Under QLAA guidelines, U7 athletes will each receive a participation medal. We try to send a big team to the Browns Plains Carnival as it is one of the closest centres to us. We had 25 athletes competing at the Algester carnival and they had a great time. Let's send an even bigger team to Browns Plains – Go Jimboomba!

Denise Boyd Shield Meet for Senior Athletes this afternoon

The second QA inter-club shield meet is being held this afternoon at QSAC (by the QEII stadium). First event starts at 2pm, the last event (4 X 100m relays) is scheduled for 5:45pm. Could all seniors please attend. We finished third overall at the last shield and with a few more athletes competing we could improve upon that result. Remember, if you turn 12 before the end of the year, you are eligible to compete for Little A's AND the senior club. Program is on the senior board (inside shed). Questions – see Ralph.

Upcoming Events

14 November – Blue Light Disco (JLAC adult helpers needed)
19 November – JLAC monthly meeting, here at the centre, 7pm. All welcome
30 November – Browns Plains Carnival
13 December – Last Saturday morning competition before the Christmas break
10 January- Saturday morning competition resumes
25 January – Ipswich Carnival
14-15 February – regional championships
28 February – JLAC age championships commence
8 March Junior carnival/Senior pentathlon
27 -29 March – state championships
5 April – Presentation day and AGM

Committee meetings

Next committee meeting will be held on
Wednesday 19th November at the
Henderson Road grounds starting at 7pm.

All are welcome.

Coaching:

4.30pm to 5.30pm
Monday & Wednesday